



TOO SICK FOR SCHOOL

Cold, with mild symptoms such as stuffy nose with clear drainage, sneezing, and mild cough:

Should you keep your child home from school?

No. Your child may attend school if he or she is able to participate in school activities and fever free for 24 hours without the use of fever-controlling medicine.

Conjunctivitis (pink eye):

Should you keep your child home from school?

Yes. Students may return 24 hours after treatment is started and signs and symptoms are greatly reduced.

Cough:

Should you keep your child home from school?

Yes. Keep your child home if the cough is persistent and productive coupled with thick or constant nasal drainage.

Diarrhea:

Should you keep your child home from school?

Yes. Students should be kept home if they have 3 or more watery stools within 24 hours.

Ear Infection:

Should you keep your child home from school?

No. Your child may attend school if there is no fever.

Fever:

Should you keep your child home from school?

Yes. Students should stay home if their temperature is 100.5F or higher. Keep students home until fever-free for 24 hours without the use of fever-controlling medicine.

Fifth Disease:

Should you keep your child home from school?

No. By the time the rash appears, children are no longer contagious and do not need to stay home. Keep students home until fever-free for 24 hours without the use of fever-controlling medicine.

Head Lice:

Should you keep your child home from school?

Yes. Students may return after their hair has been treated and the school nurse has assessed for removal of all nits.

Impetigo:

Should you keep your child home from school?

Yes. Students may return to school 24 hours after treatment starts. Sores should be covered when students returns to school.

Rash:

Should you keep your child home from school?

Yes. Children with a new skin rash of unknown origin should see a doctor to rule out a contagious or infectious illness.

Ringworm:

Should you keep your child home from school?

Yes. Students may return 24 hours after treatment starts. Areas should be covered when the student returns to school.

Strep Throat:

Should you keep your child home from school?

Yes. Students may return to school 24 hours after antibiotics have been started and when fever free for 24 hours without the use of fever-controlling medicine.

Vomiting:

Should you keep your child home from school?

Yes. Students should be kept home if they have vomited 2 or more times within the past 24 hours. For the protection of the other students and employees, your child will be sent home if any of these symptoms, conditions, illnesses are found or suspected during the school day.

Surgery: Major illness or an Accident:

Should your child have surgery, major illness, or an accident please notify the School Nurse promptly so that we may assist with safe and appropriate care upon return to school.



Dear Parent /Guardian,

All accidents or sudden illness should be reported to the school nurse or building office promptly. The appropriate care will be administered by the nurse or authorized school personnel. Parents will be notified as the case warrants.

Changes in the state of your child's health status should be reported to the nurse so that your child's health record can be kept current. This may include new medications, allergies, surgery, serious accidents, or any health condition that may affect your child's school performance. Information regarding your child's health history will only be shared with those school personnel who have a legitimate need to know.

In the middle and high school buildings, pupils must secure a note from their classroom teacher and then report to the nurse's office. If a student is ill at the close of a period, he/she should report to the next class to secure a pass to the nurse. The ill student will be permitted to rest in the health office for twenty minutes. If the illness does not improve, the student will be sent home after permission has been granted by a parent/guardian or designated emergency contact. No student may leave the building or go home due to illness unless excused by the nurse or building administrator.

We ask your cooperation in informing the school nurse or building office promptly of any change in emergency phone numbers or home or business phone numbers. If you will be out of town and your child is in the care of someone else, please inform the school attendance officer.

Please do not hesitate to contact the school nurse with any questions regarding your child's health. It is our goal to keep your child in an optimal state of health to maximize their learning potential and overall school experience.

Respectfully,

Gail Piolo RN, BSN, Certified School Nurse

Gail Piolo RN, BSN, Certified School Nurse